EMBODYING DEEP ECOLOGY RETREAT

A journey of connection, regeneration & transformation for activists and changemakers eager to rediscover themselves, others, and the living world in profound ways.

July 29th – August 3rd, 2025
Schloss Hohenfels, Lake Constance, Germany
sponsored spots available

a co-operation between

life-on-earth.org
LIONE

ONE RESILIENT EARTH

life-on-earth.org/deep-ecology-retreat

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July 29th, Arrival from 12am, Program Start 6pm - End August 3rd , 3pm
at **Schloss Hohenfels, Lake Constance, Germany**
sponsored spots available

Do you feel stuck between a world falling apart and a new, beautiful world you can profoundly sense—one you long to bring to life, yet aren't sure how? The Embodying Deep Ecology Retreat offers a space to explore and embody your role in birthing new realities where we all feel a deep connection to ourselves, others, and nature.

We'll share tools for inner and outer transformation, strengthening you to respect and care for all living beings. You'll have opportunities to expand your understanding of emotions, the future, repair, regeneration, and creation—while building relationships. Experience nature in immersive ways through stories, art, and movement, and enjoy time to rest and restore your body and mind. With dedicated spaces for reflection, emerging questions, and insight integration, our time together is meant to lay a shared foundation for moving beyond "business as usual" in our daily lives.

Why Deep Ecology?

Our ecological crisis demands courage. Too many projects offer shallow fixes that merely shift damages and deepen injustices, ultimately undermining the wellbeing of all living beings. In contrast, Deep Ecology upholds the equal right of every being to live and blossom, emphasizing nature's intrinsic value—a call originally made by Arne Næss.

At this retreat, we take it a step further and invite you to reimagine Deep Ecology: to integrate ourselves fully into the planet's ecosystems and nurture reciprocal, regenerative relationships. Together, we will explore the root causes of the crisis and discover what holds us back from taking action that addresses those very roots, thanks to transformative and embodied learning experiences. In collaboration with more-than-humans, we will listen to the wisdom of plants, animals, fungi, and lakes as we journey through diverse landscapes within, around, between ourselves, and across time.

What will you do during the Retreat?

During the retreat, you'll join a vibrant group of around 40 participants from diverse backgrounds. We invite you on an inspiring learning journey with dynamic morning workshops, relaxed early afternoons, and engaging evening offerings by both organizers and participants. Our activities will unfold in the ancient rooms of the castle and the powerful nature in the gardens, nearby forests and lakes.

Following a spiraling path refined by One Resilient Earth, you'll have opportunities to explore, connect, feel, dream, repair, and create anew. You'll gain fresh insights through group activities, creative experiments, and shared reflections. Enjoy invigorating yoga sessions, guided meditations, breath work, or share your art and lead group activities. Moments of collective silence and self-led meditation will offer space for quiet reflection, while facilitators provide one-on-one mentoring or coaching.

What will you get from the Retreat?

As this is an emergent, collective journey, your experience is co-created by you and the whole group. We'll support you in reconnecting deeply with yourself, others, and nature; rethinking your actions to embrace bolder, transformative paths; engaging in inspiring, co-creative processes; and becoming part of a supportive community that nurtures and regenerates itself.

You'll also learn methods to:

- Practice Deep Listening and storytelling to forge new connections
- Enhance emotional fluency and regulate your mind through somatic practices
- Develop Futures Literacy to align your vision with your present actions
- Engage in repair and regeneration with humility
- Boost your creativity for current and future projects

Afterwards, you will have the opportunity to join LIONE's alumni network, and the transnational online community 'We Are One Resilient Earth', allowing you to continue exchanging ideas and collaborating.

Application and Participation

You are welcome to join the retreat if: you are over **18 years old** and are working in the field of ecological sustainability (either in a for-profit or non-profit organisation, or through activism). Moreover, this retreat is for you if:

- you know that nobody has all the answers, listen to others with humility and curiosity (no matter their age, gender or identity), and contribute to collective explorations with care and integrity
- you are open to feeling the emotions that arise when confronting the ecological crisis, its root causes, and your role in it. You know those emotions may be distressing, take responsibility for your wellbeing and can voice your boundaries;
- you are willing to foster transformation, and are excited by play, paradigm shifts, different knowledge systems, intellectual wanderings, artistic improvisation, and new bodily experiences.

You want to participate

To apply, simply fill in the online application form on the website and upload your CV and your motivation letter. We will then get back to you with further information.

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Services & Participation Fee:

Participation in the retreat includes the 6-day program, accommodation in a shared room with organic vegetarian-vegan full-board and a shuttle service to and from the nearest train station. Single-room accommodation is available upon request for an additional fee.

LIONE covers most of the costs, while you'll only contribute based on your income and dedication. We truly appreciate your work if you're volunteering for the Sustainable Transformation and want to offer extra funding! If you are dedicated and need help with the fee, just let us know. Tickets with a receipt payable by a company have to cover the estimated seminar expenses per person. Please pay within 2 weeks after confirmation to secure your space. You can cancel without costs until May 31, 2025. After this date, the participation fee will be non-refundable.

	until	Volunteer, Activist & Student Ticket *	Regular Ticket	Available Tickets	Company Ticket **
Early Bird	22.6.25	500€	700€	15	1.800€
Regular	22.7.25	600€	800€	15	1.900€

Prices include 10% VAT

* Additional sponsoring for volunteers & activists possible
** Estimated average costs per person, includes single-room accommodation

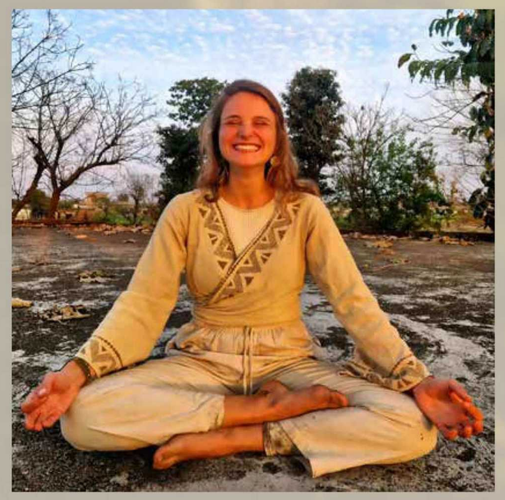
Who will be hosting the retreat?

Laureline Simon

Laureline Simon has been co-creating and facilitating transformative learning experiences focusing on climate resilience, regeneration, emotional wellbeing, and deep societal transformation with One Resilient Earth, over the past 5 years. Before founding One Resilient Earth, she coordinated international cooperation initiatives focusing on climate change mitigation and adaptation for over 12 years. This includes supporting international negotiations on climate adaptation, loss and damage and the Local Communities and Indigenous Peoples platform with the UN, and leading an international research programme on climate adaptation cities of the Global South. Laureline also worked with SEWA, a women-led grassroots organisation in India.

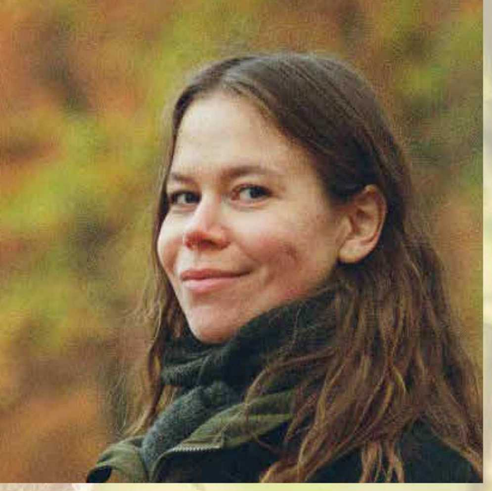
Boris Lebedev

Boris Lebedev is a speaker, transformation consultant, and lecturer specializing in regenerative and sustainable topics. Through his work, he supports regenerative initiatives, teams and companies, empowering them through inspiring speeches and workshops. In his workshops he uses the combination of somatic practices, visionary thinking and nature elements. He holds a Master's degree in Sustainability Sciences and is a member of the Young German Club of Rome, the TT30 group and Reinventing Society.



Isabella Pfoser

Isabella has been designing and facilitating experiential learning spaces at the crossroads of sustainability, somatics, and resilience. With nearly a decade in social and environmental activism, she recognized the link between inner well-being and societal change. She represented Austria at COP26 & 27, worked with the UN, and studied political science and economics before focusing on somatics, breathwork, and mindfulness coaching. Her practice has helped her navigate high-pressure spaces, from climate negotiations to refugee shelters. Now, she shares these tools to support those in demanding fields in building resilience while driving systemic transformation.



Rūta Žemčugovaitė

Rūta Žemčugovaitė is a Lithuanian-born writer, facilitator, artist, and creative consultant based in Berlin. She is a co-founder of Sympoiesis Experience and Design Lab, where she investigates regenerative design practices and leads Regenerative Futures workshops where humans are invited to deeply connect with nature. Rūta holds a BSc in Psychology from the University of Stirling and has trained with the leading trauma healing experts in Costa Rica. She has facilitated trauma-informed workshops and retreats in Hawaii, Sweden, Switzerland, and Germany. She writes a Substack newsletter titled Regenerative Transmission.

Alois Reinhardt

Alois Reinhardt is a Swiss-born performer, artist, painter, choreographer, dancer and actor. From 2007 to 2011 he was engaged at the Deutsches Theater Göttingen, where he received the young talent award. This was followed by 15 years of professional experience at the Deutsches Theater Göttingen (2007-2012) as well as at the Theater Bonn (since 2013). Besides his creation in theaters, he developed live painting performances in different settings, and participated in projects with renowned dancers and choreographers. Since 2018, he has been teaching regularly as an acting lecturer at the Alanus Hochschule for Art and Society.

Sarah Queblatin

Sarah Queblatin is a regenerative design strategist who intricately weaves inclusive ecosystem leadership with awareness-based systems change methodologies for whole systems transformation. Her roles are categorized into three interrelated pathways: Soil, Soul, and Story. Drawing from years of experience as a social innovator and cultural creative, she engages in diverse activities, such as co-designing multi-stakeholder platforms with Indigenous wisdom keepers, cultivating healing permaculture gardens with displaced communities, facilitating expressive arts practices for cancer patients, and designing learning journeys for prototyping regenerative solutions with changemakers. Through her work, Sarah collaborates with nature and the creative process, offering gifts of remembrance of wholeness to herself and others.

Maximilian Schachinger

Maximilian Schachinger, born in 1968, is the co-founder of the LIONE association, chairman of the advisory board of Schachinger Logistik Holding, managing director of 1-0-1 GmbH, and founder of the Council for Sustainable Logistics. He has dedicated his life to the sustainable transformation of our economic system and measures all his actions against this principle. Since the age of 14, he has been connecting with people actively engaged in the healing of society and nature. At that time, he co-organized a demonstration in Linz against the Seveso toxin alongside six others. In 1982 this group gave rise to Greenpeace Austria and Global 2000. As the recipient of 18 awards for sustainability and innovation, he serves on various juries. Maximilian lives wherever his work takes him, moving between Vienna, Zurich, and Bolzano.

Where is the retreat taking place?

Schloss Hohenfels

Schloss Hohenfels is a vibrant, sustainable and spiritual inspired conference venue near Lake Constance, surrounded by a picturesque and energizing natural landscape. Steeped in history, it is dedicated to environmental stewardship and fostering consciousness, making it an ideal setting for meaningful and transformative events.

Which organisations are hosting the retreat?

LIONE

LIONE's mission is to protect the planet, its climate, and its unique ecosystems by fostering sustainable, regenerative, and future-ready societies. As a Collaboration & Co-Creation Lab, LIONE is dedicated to supporting changemakers and activists on their own inner journeys and equipping them to drive meaningful and lasting impact. In partnership with key ecological organizations and facilitators, LIONE cultivates transformative, peer-learning spaces for Inner Development, Capacity Building, Regeneration, and Resilience. These spaces enable individuals to tap into their inner resources, talents and potential to take the sustainable transformation to the next level while preventing individual burnout. At its core, LIONE nurtures deep connection, within ourselves, with others, with nature, and with all life on Earth.

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One Resilient Earth

One Resilient Earth supports transdisciplinary scientific, artistic, and educational projects to foster awareness of the multiple impacts of climate change, and to build our long-term climate resilience in transformative and regenerative ways. We work with youth, sustainability professionals, and local communities impacted by climate change. Our mission is to inspire and empower individuals to grow a resilient and creative mindset, (re-) build communities of support, and restore the health of ecosystems, so that we can transform the way we live together, with respect for all living beings.

oneresilientearth.org